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A Fresh Transition to Summer

Style Therapist Gives Tips, Ideas for Updating Your Wardrobe.

Denver, CO. Is it the “lusty” or “blustery” month of May? Either way, it’s time to segue into the fresh, clean late spring and early summer seasons, with some tips and ideas from Nathalia Faribault, Style Therapist.

“Because the weather changes so quickly in the foothills of the Rockies, everyone should think layers,” says Faribault, whose Style Therapist services include altering an existing wardrobe; suggestions for developing and accentuating personal style; and shopping for items to develop personal style. “Be sure to add something new and fresh to your existing wardrobe and you will feel great!”

Faribault’s layering suggestions, which work for men or women, include picking a slightly darker shaded color pants – navy, caramel and gray are very hot this season – and pairing a short sleeve shirt with a cashmere sweater to complete the look. For the winds of spring, a wind-proof jacket or light trench are practical as well as fashionable.

For the ladies, Faribault recommends some great three-quarter length pants – they’re ready for summer but keep you warm if the wind starts to blow. Add terrific big scarf to wrap around your neck and you’ll keep surprisingly cozy.

Traveling? Faribault counsels all travelers to stock their carry-on bag with a pair of pants (and/or a skirt for the ladies) that can be rolled up and two or three tops (white is always good). Add that cashmere sweater and a scarf for the ladies, and with your “fashionable” clear plastic zip-lock bag for toiletries, away you go!

For interviews please contact Nathalia Faribault at 303-697-1299 or 651-274-1368 or visit her website, www.styletherapist.com. Photo attached. -30-